1:Redfield E-5 (1926-1927) 1930
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Neglecting for a moment the additional furnishings of the more urbanized and well to do, one may declare the domestic equipment within the house to be almost entirely pre-Columbian. The kitchen is the center of domestic activity, and around it cluster most of the accessories. Four features are inevitably present in all houses, of whatever poverty or pretensions. These four features vary hardly at all in form or position,[1] and preserve, hardly modified at all, pre-Columbian form and function. These four are the hearth, the griddle, the grinding-stone, and the pot. The hearth (S. *tlequil;* N. *tlequilitl*) is sometimes no more than three stones set in a triangle to support the griddle; but more often it is of many stones, plastered, and horseshoe shaped. Upon it fits the griddle (S. *comal;* N. *comalli*), a flat, circular tray, which occurs in only one diameter (about eighteen inches). Although griddles of iron are common in the cities, in Tepoztlán they are always of clay. When not in use the griddle stands on edge at the back of the *tlequil.* The three-legged grinding-stones (S. *metate;* N. *metlatl*) with their long handstone (S. *metlapil;* N. *metlapilli*) are of the well-known pattern. They are of andesite. The pot in which the maize is cooked (S. *olla de nixtamal;* N. *nexcomitl*) stands beside the hearth.

In some houses the *tlequil,* which burns wood, is supplemented by the brazier (S. *brasero*) of Spanish origin. This burns charcoal. It may be of iron and brought from the city, or it may be a homemade copy

[1] *Cf.* Bandelier, *op. cit.,* p. 138; Starr, *Notes on the Ethnography . . . .,* p. 3.

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in stone and clay. Only a small part of cookery in Tepoztlán is done on the brazier.

Most of the other articles which contribute to culinary technique are Indian, not European. The small andesite mortar (S. *molcajete;* N. *molcaxitl*) and the pestle (S. *tejolote;* N. *texolotl*) are used chiefly for grinding *chile.* Two of the three common forms of basket are likewise pre-Columbian in general character. These are the forms without handles: the *chiquihuite* (N. *xiquihuitl*), which is stiff, as wide as it is deep, and coiled on splints; and the *tompiate* (N. *tompiatl*), which is flexible, twice as deep as it is wide, and woven of soft reed. The other basket, which is of the shape of an ordinary European market basket, with a handle, has no Nahuatl name (it is always called *canasta*), and is apparently a form introduced by the Spaniards. Its principal use is in marketing; therefore it is carried only by women, and on the left arm under the *rebozo.* The whole forms a *canasta-rebozo* minor complex of post-Columbian development.

The other two baskets are used for the storage and transport of food (the *chiquihuite* is also used to strain honey), and may be carried by either man or woman.

Mexican pottery has been much modified since the Conquest. Many forms are European, and the ware is in general inferior. Shell-decorated Cuernavaca pottery is common in Tepoztlán, and there are occasional pieces of glazed and painted Oaxaca ware. The ware in general use in cookery is the plain ware of Toluca. The pot (S. *olla;* N. *xoctli*) preserves the ancient form;

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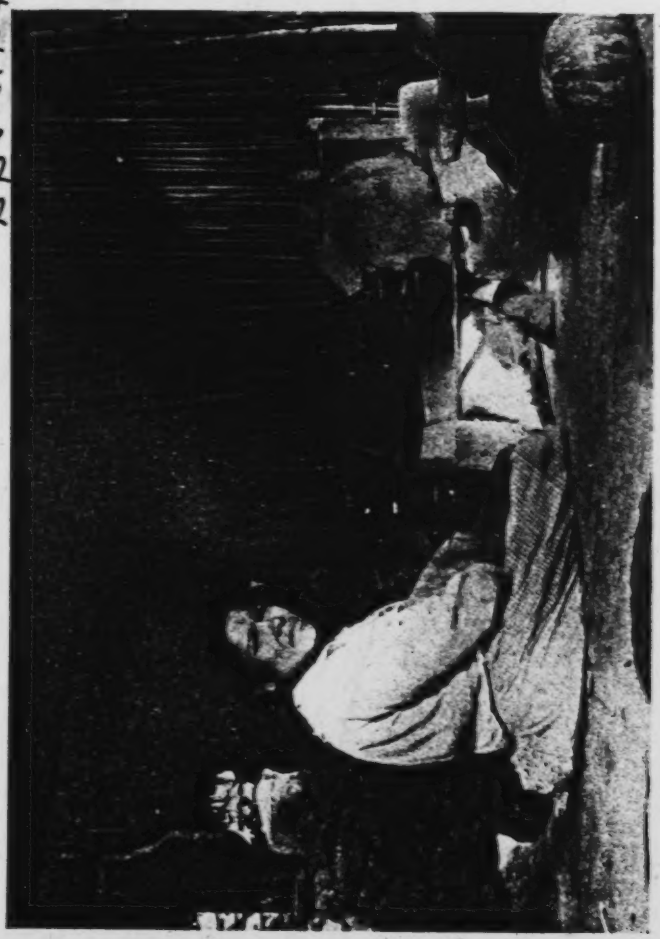

KITCHEN: SHOWING *TLEQUIL, COMAL, METATE, METLAPIL, OLLA DE NIXTAMAL,* AND *BATEA*

[facing page 36]

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the pitcher (S. *jarro*) and the saucer (S. *cazuela*) are more European than Indian and are mentioned by the Spanish names only.

Minor elements in the culinary paraphernalia are the shallow wooden boat-shaped mixing bowl (S. *batea*), the wooden spoon (S. *batedor*), and the small, rectangular, handled fan (S. *aventador*) with which the fire is blown up. For picking fruit from trees a cage-like picker of cane, on the end of a long pole, is employed. This is called (S.) *canastilla* or (N.) *acatecomatl*.

Other house furnishings vary considerably with the wealth and education of the owner. Characteristically, however, the bed (S. *cama*; N. *tlapechtli*) is a mat (S. *petate*; N. *petlatl*) spread on the ground or on a low wooden platform. Often another aboriginal form of bed is used: splints of Mexican *bambú* (S. *otate*; N. *ohtlatl*) are stretched in both directions across a framework of low posts driven in the ground. Tables are common but often absent in poorer houses. The backed chair is not rare, but much commoner is the low, backless bench. Although occasionally reminiscent of the pre-Columbian *icpalli*, it nevertheless is generally European in form. No adult sleeps in a hammock, but babies are usually cradled in a flat, swinging framework which is homemade. This resembles other Indian cradle-frames, but bears the Taino name *hamaca*.

Certain domestic accessories of European origin have become firmly associated with the aboriginal elements and are always found in the house. Chief among these are the steel knife, the small iron kerosene flare

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177 (S. *candil*), the candle, and the alcohol tin (S. *bote*) in
[354 which water is carried and stored. Two of these tins
415 are yoked together and swung over the shoulder. In
482 this device (S. *aguantador*), of course European in
562] character, water is hauled by the men. A woman carries only a single tin.

1178 A domestic shrine is found in most houses. This may
352 be no more than a printed or painted picture of a saint, but more commonly it is a carved and painted wooden figure, usually a Virgin or a Christ. This may be only a few inches high, or as much as six feet. Most are from early Colonial times. In front of this figure
782 an incense burner (S. *sahumeria;* N. *popochcomitl*) is
178 placed. This is of black glazed pottery. In it copal
352 gum is burned. Flowers are also placed before the figure, in bottles or vases, and pictures of other saints are hung near the image. This shrine is the center of domestic worship and ritual. Candles are burned before it on feast days; here the infant Christ is "put to bed" on Christmas Eve and taken up on Candlemas;
[527 before this image are placed gifts brought on birth-
584] days or those brought by a boy's parents during the negotiations leading to a marriage with a daughter of the house.

353 Any property not in use is kept on plain wooden shelves or in covered wooden chests. Extra clothing is hung on nails. Walls are frequently decorated with pictures cut from newspapers, with sentimental picture postcards, and with little clay toys and ornamental dishes brought from other villages.

2:Lewis E-5 (1943-1948)1951 NU37 Tepoztlan NU37

and although this is the traditional and common practice, it is now considered a real hardship by more and more families. The quantity of water consumed by a family is usually determined by the amount of labor it can devote to water-carrying, and many families limit their use of water for bathing, for plants and animals, and for laundry. Use of the public laundry, generally considered undesirable, is made of necessity by many. The few families with water piped into their patios invariably have flourishing flower, fruit, and vegetable gardens. These families are very much envied, and not infrequently their water pipes are deliberately stuffed or damaged by less fortunate neighbors.

The benefits of toilets are not as generally recognized, and only one private home and the two tourist houses have toilets that can be flushed. The new schoolhouse, however, has toilets and showers, and the younger generation is becoming accustomed to their use. The schoolteachers, the students who have been away to boarding schools, and the not insignificant number of Tepoztecans who have spent time in Mexico City are also familiar with the use of toilets and will undoubtedly be among the first to install them in their dwellings in the future. Some already have constructed screens around their latrines in their yards or orchards to afford some privacy.

Bathing facilities for women and children generally consist of a clay or tin basin at home; the men and older boys bathe in the river. Many women bathe and wash their hair when they do their laundry in a stream or at the public washing place.

No Tepoztecan house has any means of heating other than the kitchen fire. This, however, gives little heat and is extinguished as soon as cooking is completed, to save fuel. In the winter months the family generally retires earlier to keep warm, but since most families have a minimum number of blankets, there is probably some suffering during the night due to cold. Except for early morning, the days are warm all the year round.

There are various means of lighting the house after dark, the most common and inexpensive being candles. Some homes have kerosene lamps and a few of the houses and stores in the center have Coleman gasoline lamps. One Tepoztecan house—that of the prosperous curer, Don Chucho—has electricity which is operated by a privately owned generator. There is talk of installing electricity in the plaza and in the church and chapels near the center, and it is probably only a matter of time before this is done.

Differences in house furnishings are even more striking than differences in house types, and there is an unending variety of combinations of new and old or modern and primitive household items. It is not at all unusual to find under one roof a battery-operated radio, a pre-Hispanic hearth as the only means of cooking, a hand mill for grinding coffee, and the Indian stone *metate* for grinding corn. Modern equipment for cooking, serving, sleeping, lighting, and so forth, is with few exceptions greatly esteemed; and in the majority of families only lack of money prevents its purchase. Among the youth, the more educated, and the large middle economic group, there is a strong desire to live better and to invest

2:Lewis E-5 (1943-1948)1951 NU37 Tepoztlan NU37

Today

almost every house has a hearth made of three stones set in a triangle, or of stones plastered in the shape of a horseshoe, to support the griddle. It is no longer always located on the floor, but is frequently raised to almost table-height by means of a cement platform. The use of platforms has been stimulated by the cultural missions that have visited the village and demonstrated to the more interested and enterprising women some ways of improving their homes. The *brasero*, a raised clay stove with two or three charcoal-burning iron grates on top, is generally still found only in better-to-do homes and is used sparingly or only for preparing fiesta meals. The *comal* (griddle), which in Redfield's time was always clay, is now frequently iron, and many families own one of each type. Though the *comal* is still an indispensable utensil in every home, the increasing consumption of bread, especially for breakfast and supper, makes it somewhat less used than formerly. The same is true of the *metate* (grinding stone), since almost all women now have their corn ground at the mill. But every home has one or more *metates* for re-grinding mill-ground corn and for emergencies. *Metates* are also used for coffee and for large quantities of chile for fiestas. Despite the commercial mills, no Tepoztecan woman would set up housekeeping without her own *metate*. Finally, the *olla*, mentioned by Redfield, is the clay pot in which the maize for tortillas is cooked. To this utensil must be added the pot for beans, another for coffee, and another for meat. Most families have one large pot to retain the water in which maize has been soaked and cooked, and the water needed to moisten the woman's hands as she makes tortillas. This water, which contains some nourishment, is then fed to the pigs.

The remaining house furnishings are relatively few; they consist mainly of sleeping equipment, religious articles, and various containers for storage. For sleeping there are three kinds of beds: the *petate* or straw mat placed on the floor; the *tepexco*, a raised bed of bamboo sticks tied together and placed on a wooden frame or on two sawhorses; and a brass or iron bedstead with metal springs over which a *petate*, rather than a mattress, is generally placed. The great majority of the population sleep either on the floor or on the *tepexco*, and only 19.29 per cent sleep on a bed or cot.[4] The proportion of those who sleep on a bed or cot for Mexico as a whole is far greater (61.1 per cent), and even for communities of 10,000 or less inhabitants it is 53.4 per cent.[5]

The majority of Tepoztecans sleep on the floor because they lack the funds to buy beds, but most of the older generation, regardless of their economic status, sleep that way by preference. Many an acculturated family has sought without success to accustom the old mother or grandmother to sleeping on a bed. Some old people are afraid of falling off during the night, others say that to sleep off the ground is to be more subject to *los aires* (evil winds). One old woman told her grandchildren that it is better to sleep on the floor because it is closer to mother

[4] This figure was derived from a special tabulation of census data for Tepoztlán taken from the Mexican Census of 1940.

[5] Whetten, *Rural Mexico*, p. 291.